

★ CNI Products contain only the finest grade ingredients available

TS-00023



- ◆ *Helps maintain good health
- ◆ *Helps increase longevity
- ◆ In a capsule form for fast assimilation



*See reverse side for qualifying information

VITAMIN-MINERAL-ANTIOXIDANT FORMULA

CNI VITA MINS+ is a unique formulation of the *highest quality vitamins & minerals, plus revolutionary antioxidants, in a capsule, to help maintain good health and help increase longevity.*

Stand alone product — beneficial to take with AMINO FORMULAS

Each capsule contains the following ingredients:

Each capsule contains the following: Vitamin A (Beta Carotene) 3000 IU, Vitamin C (Ascorbic acid, Ascorbyl Palmitate) 40 mg., Vitamin D-3 (Cholecalciferol) 80 IU, Vitamin E (dAlpha Tocopheryl Succinate) 20 IU, Vitamin K 20 mcg., Vitamin B-1 (Thiamin HCL) 1.5 mg., Vitamin B-2 (Riboflavin-5'Phosphate) 1.7 mg., Vitamin B-6 (Pyridoxal-5'Phosphate) 8 mg., Niacin (as Niacinamide) 10 mg., Vitamin B-12 (Cobalamin) 40 mcg., Folic Acid 200 mcg., d-Biotin 90 mcg., Pantothenic Acid 5mg., Calcium (Calcium Citrate, d-Calcium Phosphate, d-Calcium Pantothenate) 25 mg., Iron (citrate) 3 mg., Iodine (potassium iodide) 40 mcg., Magnesium (Oxide) 55 mg., Zinc (Amino Acid Chelate) 5 mg., Selenium (Amino Acid Chelate) 20 mcg., Copper (as Copper Amino Acid Chelate) .3 mg., Manganese (as Ascorbate) .5 mg., Chromium (Picolinate) 30 mcg., Molybdenum (as Amino Acid Chelate) 19 mcg., Potassium (citrate) 24 mg., Silica (Horsetail) 30 mcg., Choline (Bitartrate) 30 mg., Lutein Esters 10% 1 mg., Lycopene 5% 1 mg., Grape Seed Extract 95% 10 mg., Pine Bark Extract 95% OPC 10 mg., Taurine 20 mg., Para-Amino Benzoic Acid 20 mg., Inositol 18 mg., Elderberry Extract (Fruit) 30% Anthocyanins 10 mg.

RECOMMENDED TO ENHANCE STRUCTURE 7 FUNCTION RELATING TO NUTRITIONAL NEEDS AND DEFICIENCIES PERTAINING TO:

- ◆ Replacement for endogenous nutrient deficiencies
- ◆ Helping to balance normal body biochemistry (protein, fat and carbohydrate metabolism)
- ◆ Assisting in preventing free radical damage to cells by providing important antioxidant protection
- ◆ Supplying folic acid, B-6 and B-12, to help prevent and reduce homocysteine levels, which can cause heart attacks and strokes
- ◆ Helping to provide a healthy daily nutritional program for proper function, growth, maintenance and energy
- ◆ Supplementing poor diets with essential nutrients, i.e., necessary co-factors and co-enzymes
- ◆ Essential for all amino acid metabolism

WHY ARE VITAMINS & MINERALS IMPORTANT?

Vitamins and minerals are compounds necessary for our bodies to function, and lack of any of these essential nutrients can lead to serious health problems, which may result in disabling or even fatal diseases. Although eating a well-balanced diet can provide most of the necessary requirements, the public's increased reliance on "fast foods," plus the abundance of processed foods, contribute to poor general eating habits and decrease the amount of vitamins and minerals necessary for optimum health. People rarely eat enough fruits and vegetables, as well as other required nutrients, to provide a healthy balance. This is especially common with the elderly population. Those with illness, injury and stress, as well as those on restricted diets, may not be getting sufficient nutrients from their foods alone, and they may have increased vitamin and mineral needs. Supplementation can provide the additional nutrients required for a healthy nutritional program.

WHY ARE ANTIOXIDANTS IMPORTANT?

ANTIOXIDANTS are molecules that help attack free radicals, which can damage healthy cells and lead to aging and degenerative diseases. Vitamins, such as C and E have important antioxidant and anticarcinogenic properties, and the following additional antioxidants are included in CNI VITA MINS+ unique formulation, for increased protection and good health.

GRAPE SEED EXTRACT (95%) is a powerful scavenger of free radicals which has been associated with inflammation, and loss of NO (Nitric Oxide) activity. Helps to increase Glutathione activity.

LYCOPENE (found in tomatoes) has anticarcinogenic, antioxidant properties, and is especially important for prostate health.

LUTEIN is a Carotenoid with antioxidant properties and is beneficial in reducing age-related macular degeneration. ELDERBERRY EXTRACT (Fruit) — an extract rich in anthocyanins and known to have very high oxygen radical absorbance capacity. Anthocyanins are flavonoids and over 3000 flavonoids have been identified in nature. Helpful in circulation for absorbing free radicals.

—INFORMATION CONTINUES ON BACK—

TAURINE (an amino acid) helps combat free radicals found in smog, and potentiates the action of Vitamin E. PINE BARK (a flavonoid) EXTRACT helps prevent nitric oxide deficiencies, and has anti-inflammatory properties. It also potentiates other antioxidants, such as Vitamin C, Vitamin E and Glutathione.

SOME BENEFICIAL PROPERTIES OF VITAMINS & MINERALS

- Vitamin A - Beta-Carotene (a Carotenoid which converts to A) are important for healthy skin, eyes, bones, reproduction and mucous membranes. Beta-Carotene is an antioxidant and is best taken in combination with other Carotenoids such as Lutein and Lycopene (which are in CNI VITA MINS+).
- Vitamin B-1 (Thiamine) is necessary for proper function of the nervous system, and muscles, including the heart muscle. It is involved in glucose metabolism and is essential for energy production.
- Vitamin B-2 (Riboflavin-5' Phosphate) is important for healthy skin, mucous membranes and energy metabolism.
- Vitamin B-3 (Niacin) works in the glycogen energy cycle, oxidizing fatty acids for energy.
- Vitamin B-6 (Pyridoxal 5' Phosphate) is essential for amino acid metabolism, hemoglobin formation, healthy nervous system, proper brain function and prevention of high homocysteine. Necessary for Tyrosine and Tryptophan metabolism.
- Vitamin B-12 (Cyanocobalamin) is essential for all cells, including red and white blood cells, and a healthy nervous system. It is also essential to help prevent harmful homocysteine levels.
- Vitamin C is an antioxidant and an important component of collagen production. It has many other important functions in the body, including the immune system.
- Vitamin D, a fat soluble vitamin essential for bone growth and teeth. It also helps with calcium and phosphorus absorption, as well as maintaining a healthy nervous system and muscles.
- Vitamin E is a vitamin and a powerful antioxidant. It is beneficial for cardiovascular health as well as having anticarcinogenic properties.
- Folic Acid is important for healthy cell production, including red and white blood cells. It also helps prevent and reduce harmful homocysteine levels, which can cause heart attacks and strokes, and has anticarcinogenic properties. Folic acid also helps prevent birth defects. Important to be used with Vitamin B-12 and Pyridoxal 5' Phosphate for prevention of high homocysteine levels.
- Vitamin K is essential for proper clotting of blood.
- Calcium is a mineral necessary for proper formation and maintenance of bones and teeth with Vitamin D.
- Chromium helps in insulin, glucose and fatty acid metabolism. Effective reduction of serum cholesterol in human subjects with impaired glucose tolerance.
- Copper is important for many enzymes including nor-adrenaline, and helps in hemoglobin and bone structure.
- Iodine is important for healthy thyroid function and red blood cell formation.
- Manganese is involved in carbohydrate metabolism and is necessary for bone and cartilage formation.
- Molybdenum is important for bone and joint health, and normal cell function.
- Zinc is involved in energy production, healthy skin, wound healing, and prostate health.
- Selenium prohibits oxidation of lipids and acts as an antioxidant when combined with Vitamin E.
- Boron is important for calcium absorption as well as proper brain function.
- Magnesium is important for enzyme activity. It is also essential for calcium and potassium uptake and is necessary for cardiovascular health.
- Potassium is important for cardiovascular health as well as a healthy nervous system.

DIRECTIONS: As a dietary supplement take 1-2 capsules with meals, or as directed by a healthcare professional. CNI VITA MINS+ provides the essential co-factors and co-enzymes for proper absorption and utilization of the CNI family of amino acid formulations. CNI VITA MINS+ provide important antioxidants and the necessary vitamins and minerals for proper fatty acid, protein and carbohydrate metabolism when used in a proper food program.

Do not take with dairy products. Keep out of reach of children. Keep cool and air tight, do not refrigerate. Contents may be removed from capsule. All CNI products are manufactured under GMP specifications.

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*These statements have not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, cure or prevent any disease



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